Treatment of Minor Wounds

Here are a few instructions to help take care of your child’s wound over the next few days.

General Care

- Elevate the body part to reduce swelling, especially in the first 48 hours.
- Give acetaminophen or ibuprofen as needed for pain relief.

Lacerations treated with “Glue” (Histoacryl®, Dermabond®)

- The wound should be kept undisturbed and dry for 2-3 days.
- The glue will fall off by itself after approximately 5-7 days.
- Avoid strenuous activity, that may result in the wound reopening.

Lacerations treated with “Retention Bandages” (Steri-strips®)

- The wound should be kept undisturbed and dry for 2 days.
- The steri-strips should fall off by themselves or can be removed in bath after 7 to 10 days.
- Avoid strenuous activity, that may result in the wound reopening.

Uncomplicated wounds

- Clean wound daily with soap and water. Dry it well.
- Change the dressing daily.
- Apply a small amount of antibiotic ointment (ex: Polysporin®, Bactroban, Fucidin) for 3-5 days.

See your doctor if:

- The wound looks infected (opaque, yellow or grey liquid oozing)
- The wound has 5 millimeters (1/4 inch) or more of redness around the edges.
- The wound becomes swollen.
- There is increased pain or tenderness around the wound.
- Reddish streaking of the skin, leading away from the wound.
- Your child has fever.
- The wound reopens in the first 24 hours of closure with either “Glue” or “Retention Bandages”.

It is normal for the wound to bleed or ooze a little bit or to have 2 or 3 millimeters of redness around the edges.

(Sources: Montreal Children’s Hospital, Children’s Care Clinic)

Important

The information contained herein, is intended as a guideline and is for educational purposes only. If at anytime you are concerned about the well-being of your child, you should seek a medical opinion either at our office, or at the emergency room of your nearest hospital or the Montreal Children’s Hospital.